

## High School Boys Rules

Balls Creek, Maiden, Mountain View, Sherrills Ford

1. Play 6 minute quarters.
2. Clock stops on all whistles.
3. 2 time outs per half.
4. Jump ball to start game. Possessions will alternate after that.
5. 5 fouls per player. Conduct fouls will count as a player foul but not as a team foul.
6. Use 29.5 basketball.
7. Coaches must have lineup turned in 5 minutes prior to start time or end of game preceding yours.
8. Teams must start with at least 4 players but can finish with any amount.
9. 3 point shot is in play.
10. Foul shots from regular line. Low block not used.
11. 3 second call for lane violation
12. Full court press is allowed with the following exception. If a lead is over 20 points, only team trailing is permitted to press.
13. 1<sup>st</sup> offense for a defense infraction in each half will result in a warning. 2<sup>nd</sup> offense and thereafter will result in a ONE shot technical foul. Officials can use discretion if an illegal press is viewed accidental.
14. Overtimes will be 2 minutes. Each team receives 1 additional timeout per overtime. Full court press is allowed the entire overtime
15. **NO DUNKING ALLOWED!** Any attempt to dunk before, during, or after game will result in the following: Automatic forfeit of game. Player suspended for the remainder of the season. Coach ejected and suspended for the next 2 games. This includes all facilities, Catawba County Schools and Recreation Center gyms.
16. Players must be in high school to be eligible to play. Cannot turn 19 before August 31<sup>st</sup>.
17. One team rule – all players must be recorded on one single roster to be handled by each organization. Players may only play for the team they started the season with, players cannot be “borrowed” from one team to another except with the following example  
  
Exemption – if a team has 5 or less players for a game a coach can use a player from a lower age division in the same organization. The player must have an appropriate jersey and must be registered on a lower division.
18. All other NCHSAA rules will apply.
19. There will be a gate fee of \$3.00 for adults 18 and older and \$1.00 for students K-12 grade. Except for the first game, all others can start 10 minutes before the scheduled game time.